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Alzheimers 911: Help, Hope, and Healing for the Caregiver

By Frena Gray-Davidson

Robert Reed Publishers. Paperback. Book Condition: New. Paperback. 207 pages. Frena Gray-Davidson, Alzheimers Caregiver Extraordinaire Brings You Help, Hope, and Healing Alzheimer's 911 is a must-read for everyone associated in any way with anyone with dementia. Frena's spiritual sophistication and pragmatism provide profound, practical, and precious tools that will not only make your journey more bearable but give you meaningful lessons that can be applied to how to live a life of love with yourself and everyone you care about. With humor, sensitivity, and clarity, Frena draws on her 20 years as a hands-on caregiver taking the approach to look at the inner world of people with Alzheimers (or any kind of dementia) similar to when she was a foreign correspondent in Asia and India looking with fresh and curious eyes to understand the people from their perspective, without judgments. She shares secrets of successful dementia caregiving and reveals the deep spiritual and emotion growth possible in dementia. Even within the losses of Alzheimers, insightful caregivers can discover their possible radiance and humor. This journey of continuing inner growth can renew the purpose and courage of the caregiver, while bringing peace and resolution to the elder. Most importantly, Frena shows how...



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