



## Games and Activities for Exploring Feelings with Children: Giving Children the Confidence to Navigate Emotions and Friendships

By Vanessa Rogers

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Games and Activities for Exploring Feelings with Children: Giving Children the Confidence to Navigate Emotions and Friendships, Vanessa Rogers, This is a fun, imaginative and creative resource designed to help children aged 7--13 get thinking and talking about their feelings and the issues that affect their lives. It is packed full with games and activities that help children explore their emotions and express themselves positively. Activities surrounding issues such as peer relationships and friendships, bullying, offending, participation and citizenship are designed to build self-esteem, raise aspirations and increase motivation. They will also enhance emotional well-being and develop protective behaviours, encouraging children to speak out rather than act out, and helping to keep them safe and happy. This is an ideal resource for all those working with children and looking for new and exciting ideas for games and activities, including teachers, youth workers, social workers and counsellors.



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### Reviews

*This composed ebook is wonderful. It really is written in basic words rather than hard to understand. You may like the way the writer composed this pdf.*

-- **Ryder Nolan**

*This book can be well worth a go through, and a lot better than other. It is written in simple words and phrases and not confusing. It's been printed in an exceptionally simple way in fact it is merely right after I finished reading through this pdf by which basically changed me, modified the way I think.*

-- **Margot Carter V**