



## How to Support Your Teenager Through the Stress of Revision and Exams: A Positive and Practical Approach

By Bernadette Jones

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.An essential guide for every parent who wants to help their teenager succeed without sacrificing health or happiness. The ultimate goal is to give each individual teenager his or her best chance of achieving success Practical advice to help parents support their teenagers in the run-up to exams, during the exams themselves and beyond. Tried-and-tested methods to help students manage the revision process. Case Studies plus a section written specifically for students, to help them take responsibility for their own learning and foster a healthy attitude towards school and work. Relevant to every parent and their teenager in the lead up to taking any type of school or university exams-GCSE, IGCSE, AS, A Level, HSC, VCE or any final High School or University entry tests.



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