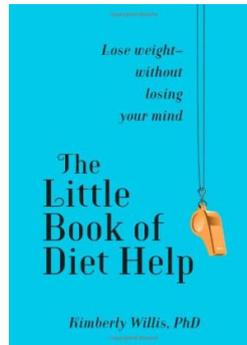


## The Little Book of Diet Help: Expert Tips and Tapping Techniques to Stay Slim--for Life



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